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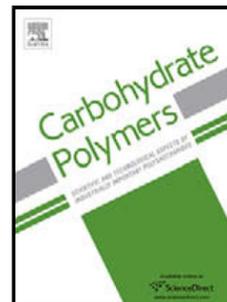
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Effect of arabinogalactan protein complex content on emulsification performance of gum arabic

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Highlights

- **Phase separation induces molecular fractionation of GA/hydrocolloids mixtures.**

- **Molecular fractionation increased the AGP content GA.**
- **Emulsifying functionality of GA improved after phase separation.**

Abstract

The emulsification properties of the standard (STD), matured (EM2 and EM10) and fractionated gum arabic samples *via* phase separation induced molecular fractionation were investigated to find out how the content of arabinogalactan protein (AGP) complex affects the resulting emulsion properties. Phase separation and the accompanying molecular fractionation were induced by mixing with different hydrocolloids including hyaluronan (HA), carboxymethyl cellulose (CMC), and maltodextrin (MD). Increase of AGP content from 11 to 28% resulted in the formation of emulsions with relatively smaller droplet sizes and better stability. Further increase in the AGP content to 41% resulted in the formation of emulsions with larger droplets. In spite of the larger droplets sizes, these emulsions were extremely stable. In addition, the emulsions prepared with GA higher AGP content better stability in the presence of ethanol. The results indicate that AGP content plays a vital role in emulsion stability and droplet size.

Keywords:

gum arabic; emulsion; AGP content; emulsion stability

1. Introduction

Gum arabic is a naturally occurring gum made of hardened sap from the acacia trees. The gum is harvested commercially from wild trees throughout the Sahel from Senegal and Sudan to Somalia, although it has been historically cultivated in Arabia and West Asia (Verbeken, Dierckx, & Dewettinck, 2003). Gum arabic is a complex mixture of polysaccharides and glycoproteins that has a wide range of applications in various industries and its function as stabilizers has been studied extensively (Al-Assaf *et al.*, 2008; Alfrén *et al.*, 2012; Pickles *et al.*, 2007). Gum arabic is a key ingredient in traditional lithography and is used in printing, paint production, glue,

cosmetics and viscosity control in ink and textile industries (Phillips & Williams, 2000). In addition, Gum arabic reduces the surface tension of liquids, which leads to increased fizzing in carbonated beverages (Dikshith, 2010).

It has been shown that gum arabic consists of three fractions, *i.e.* arabinogalactan (AG), arabinogalactan protein complex (AGP), and glycoprotein (GP) (Randall, Phillips, & Williams, 1988). Gum arabic has an established surface activity, being used as a stabilizer in various products, especially in food emulsions. However, due to its relatively low surface activity, a high gum/oil ratio (1:1) is required to obtain the best results (Randall *et al.*, 1988). A recent study on adsorption of gum arabic at oil/water interface indicates that a 3 mg/m² at oil/water interface is required to stabilize oil/water emulsions (Nazarzadeh, Anthonypillai, & Sajjadi, 2013). The surface activity and emulsifying properties of gum arabic have been correlated to its AGP fraction, the structure of which is represented by a 'wattle blossom-model' and provides both hydrophobic polypeptide chain and hydrophilic carbohydrate blocks, conferring good emulsification characteristics (Castellani *et al.*, 2010; Gomes *et al.*, 2010). Therefore, samples with higher AGP content are more desirable (Al-Assaf *et al.*, 2009). Natural gum arabic samples contain 10% AGP content on average, and those obtained from old trees contain a relatively higher proportion of AGP (Ido *et al.*, 2008; Ohm, Williams, & Phillips, 1998; Randall *et al.*, 1988; Randall, Phillips, & Williams, 1989). Various approaches have been proposed to modify gum arabic samples. For instance, radiation induced cross-linking (Al-Assaf *et al.*, 2007) and maturation (Aoki *et al.*, 2007) have been used to enhance the emulsifying property of gum arabic. The basic principle of both methods is to increase the proportion of the AGP fraction. The maturation process (Aoki *et al.*, 2007) can increase the AGP fraction to an average of 25%, and has been widely adopted in the industry (Ogasawara *et al.*, 2011). EM2 and EM10 are two commercial gum arabic samples modified by the maturation process. The time required for heat treatment to obtain EM10 is longer (thus a higher AGP content) than that for the production of EM2 (Castellani *et al.*, 2010).

We have recently reported a new approach to fractionate gum arabic *via* phase separation induced molecular fractionation (Hu *et al.*, 2018). This method does not require any chemical modification and the fractionation of gum arabic increased the

content of AGP from ca. 11% to 18% in standard gum arabic (STD)/hyaluronan (HA) system from 28% to 55% in matured gum arabic (EM10)/HA system. The main purpose of current study is to characterize emulsification properties of gum arabic samples with different AGP contents following the method above in which various hydrocolloids were used to initiate phase separation system and to see how AGP content affects the resulting emulsion properties.

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2. Experimental procedures

2.1 Materials

Standard gum arabic (STD), matured gum arabic samples (EM2 and EM10), hyaluronan (HA), carboxymethyl cellulose (CMC), and maltodextrin (MD) were kindly provided by Starlight, San Ei Gen FFI, Matrix Biology Institute, CP Kelco and Avebe Food, respectively. STD has $M_w = 55$ kDa and $M_w/M_n = 1.656$; EM2 has $M_w = 285$ kDa and $M_w/M_n = 4.417$; EM10 has $M_w = 413$ kDa and $M_w/M_n = 8.028$; HA has $M_w = 168$ kDa and $M_w/M_n = 2.541$; CMC has $M_w = 27$ kDa and $M_w/M_n = 1.791$; and MD has $M_w = 79$ kDa and $M_w/M_n = 10.362$. Ethanol (Et-OH), and sodium chloride (NaCl) were obtained from Fischer Scientific, UK and medium-chain triglyceride (MCT) oil was purchased from Trec Nutrition Company, Poland.

2.2 Fractionation

Mixing two biopolymers in a common solvent may result in phase separation, either associative or segregative. Effects of temperature and solvent condition on segregative phase separation-induced molecular fractionation of gum arabic/hyaluronan mixed solutions were investigated in a previous study (Hu *et al.*, 2018). Fractionation of gum arabic increased the content of arabinogalactan-protein complex (AGP) in both STD/HA and EM10/HA systems. In this study, fractionated samples were prepared using HA, CMC and MD as described in the previous paper (Hu *et al.*, 2018). Stock solutions were prepared containing 5, 6 and 20 w/v% matured gum and 0.25 w/v% HA, 0.75 w/v% CMC and 15 w/v% MD, respectively (the concentrations of mixtures were selected from the corresponding phase diagrams according to the previous research by Hu *et al.* (2018)). The solutions were then centrifuged for 3 h at 4000 rpm (ThermoHeraeus Multifuge X1R, Thermo Fisher, USA). Phase separation was observed after the centrifugation, and AGP rich fraction was characterized using the GPC-MALLS system as described below. All solutions contained sodium azide (0.005 w/v% of total solution) as a preservative.

2.3 GPC-MALLS measurements

Gum arabic samples were evaluated by measuring the molecular weight distribution using gel permeation chromatography-multiangle laser light scattering (GPC-MALLS)

as described in the previous reports (Aoki *et al.*, 2007; Hu *et al.*, 2018). A Superose 6 10/300GL column was used to determine the molecular weight, and fractionation for the standard, matured and fractionated gum arabic samples using an Agilent 1100 series UV detector (Agilent Technologies, USA) operating at 214 nm, a DAWN EOS multiangle light scattering detector (Wyatt Technology Corporation, USA) operating at 690 nm, and an Optilab refractometer (Wyatt Technology Corporation, USA). Aqueous NaCl solution (0.2 M) with 0.5 mg/ml sodium azide filtered through 0.2 μm Millipore filter was adopted as an eluent and delivered at a constant rate of 0.4 mL/min by a Waters 515 HPLC pump (Waters Co., Massachusetts, USA). The test material was prepared in the same solvent at a concentration of 2 mg/mL. It was injected into the GPC-MALLS system after being filtered using a 0.45 μm Nylon filter. Data were collected and analyzed by Astra 4.90.08 software.

2.4 Emulsification

The emulsions were prepared in this work was according to the method of Cirre *et al.* (2014). The emulsions contain 0.12 w/v% citric acid (to adjust the pH to ~ 4), 0.13 w/v% benzoic acid (as a preservative), MCT oil used as model oil and various gum arabic samples used as stabilizers. The ratios of gum arabic to MCT oil are given in Table 1. The ingredients were initially mixed using a high shear homogenizer (Polytron PT-2100) at 26000 rpm/min for 3 min followed by three passes through a high-pressure homogenizer at 75MPa (Nanomizer, NM II, Yoshida, Japan).

2.5 Droplet size measurement

The mean droplet diameters (Sauter mean diameter $d_{3,2}$ & volume weighted mean diameter $d_{4,3}$) and droplet size distribution by volume of emulsions were measured using a Mastersizer 2000 (Malvern, UK). Three consecutive measurements were performed on each run and the average was reported (within 3% error). The droplet size measurement was performed both after 1 h storage at room temperature ($20 \pm 2^\circ\text{C}$) and after 3 days at accelerated conditions of 60°C in a convection oven (thermal stress acceleration test), in order to evaluate the stability of the emulsions. Previous studies have shown that 3 days storage at 60°C to be equivalent to six months storage at room temperature (Al-Assaf *et al.*, 2008).

2.6 Surface coverage

The surface coverage of droplets (θ) was calculated using the BET isotherm as described in earlier reports (Nazarzadeh *et al.*, 2013). The BET isotherm is given as

$$\theta = \frac{K_B C_e}{(C_s - C_e)\{1 + (K_B - 1)(C_e/C_s)\}} \quad \text{Equation 1}$$

where θ , C_e , C_s and K_B are fractional surface coverage, the saturation concentration of stabilizer at the interface (mg/ml), equilibrium (*i.e.* non-adsorbed) concentration of stabilizer in aqueous solution (mg/ml), and the BET isotherm constant, respectively.

The adsorbed fraction of the gum arabic at the interface (C_a) is given by

$$C_a = \frac{\theta S}{a} V_e \quad \text{Equation 2}$$

where S , V_e , and a are total area of droplets (*i.e.* interfacial area, m^2), volume of emulsion (mL), and the surface packing area occupied per mg of stabilizer (m^2/mg), respectively. The saturation concentration of stabilizer, surface packing area and BET isotherm constant for gum arabic were found to be 200 mg/mL, 1.27 m^2/mg and 9.55 (Nazarzadeh *et al.*, 2013), respectively. Equations 1 and 2 were simultaneously solved, using an overall mass balance for the gum arabic as $C_t = C_e + C_a$ to find the adsorbed and non-adsorbed fractions.

3. Results and discussion

3.1 Effect AGP content

The role of AGP fraction on the emulsification performance and stability was examined by comparing STD, matured (EM2 and EM10) and HA fractionated gum arabic samples. Emulsions were prepared as described in the experimental section using two gum/oil ratios as 1:1 and 1: 2 for standard and matured gum arabic samples, and higher oil concentration for fractionated gum arabic samples. The experimental conditions and measured droplet sizes are presented in Table 1 and Figure 1. As mentioned earlier, it has been well established that 1:1 gum/oil ratio is required to produce a stable emulsion. The main differences between emulsions are significantly

larger $d_{4,3}$ and higher %>1 μm (percentage of droplet size >1 μm) for the ones produced with higher oil concentrations. Also, matured gums result in the formation of relatively smaller $d_{3,2}$. These are clearly shown in the droplet size distribution of formed emulsions (Figure 1a). Similar results were reported by Xiang *et al.* Their study dealt with the interfacial adsorption of three gum arabic samples (one conventional gum, GA; two matured gums, EM2 and EM10) at the conjugated linoleic acid (CLA)-water interface, in relation to their emulsifying properties. Among the three gums, EM10 exhibited the highest emulsifying activity and conferred the best emulsion stability, despite its lowest surface load. This is presumably due to a larger tendency of the AGP fraction in EM10 toward aggregation at the CLA-water interface (Xiang *et al.*, 2015). The droplet size distribution of HA fractionated gum arabic samples was shown in Figure 1b. The emulsions formed by HA fractionated gum arabic samples compared with that of EM10 have a similar droplet size at the same gum/oil ratio (1 : 2); however it can stabilize higher gum/oil ratios (from 1 : 2 to 2 : 9) emulsions due to the AGP content of HA fractionated gum arabic being higher than 41%. The final droplet size of an emulsion is the result of concurrent droplet rupture and coalescence. Formation of large droplets and high fraction of droplets larger than 1 μm , in emulsions having high oil phase ratios, can be attributed to higher coalescence rate as discussed in the previous publications (Nazarzadeh & Sajjadi, 2010, 2013; Walstra, 1993).

Table 1. AGP content of various gum arabic samples and mean volume and surface droplet sizes and fractions higher than 1 μm for emulsions with different gum/oil ratios.

Sample type	Mw (g/mol) ^a	AGP content (%) ^a	Gum arabic (%)	MCT %	Gum/Oil ratio	D [3,2]	D [4,3]	%> 1.0 μm
STD	0.55 x10 ⁶	11	10	10	1:1	0.45	0.67	1.96
			5	10	1:2	0.46	1.10	29.85
EM2	2.85 x10 ⁶	17.9	10	10	1:1	0.31	0.60	2.01
			5	10	1:2	0.55	1.01	27.46
EM10	4.13x10 ⁶	28	10	10	1:1	0.29	0.47	1.60
			5	10	1:2	0.72	0.82	24.28
HA	4.92x10 ⁶	41	5	10	1:2	0.79	1.16	35.33

fractionated EM10			4	9	4:9	0.81	1.16	37.32
			3	9	1:3	0.94	1.36	49.62
			2	9	2:9	1.07	1.49	61.00
CMC fractionated EM10	4.81x10 ⁶	41	5	10	1:2	0.43	0.86	35.06
			2	10	1:5	0.47	1.47	62.6
MD fractionated EM10	3.82x10 ⁶	33	7	14	1:2	0.43	0.66	11.91
			2	14	1:7	1.19	1.58	70.18

a: The molecular weight and AGP content of different GA and fractionated GA were measured by GPC-MALLS. Measurements were carried out using the same conditions employed for GA as described previously by Aoki *et al.* (2007). The light scattering and refractive index response two distinctive peaks. The first peak has a high response since it corresponds to the high molecular weight material (AGP) content.

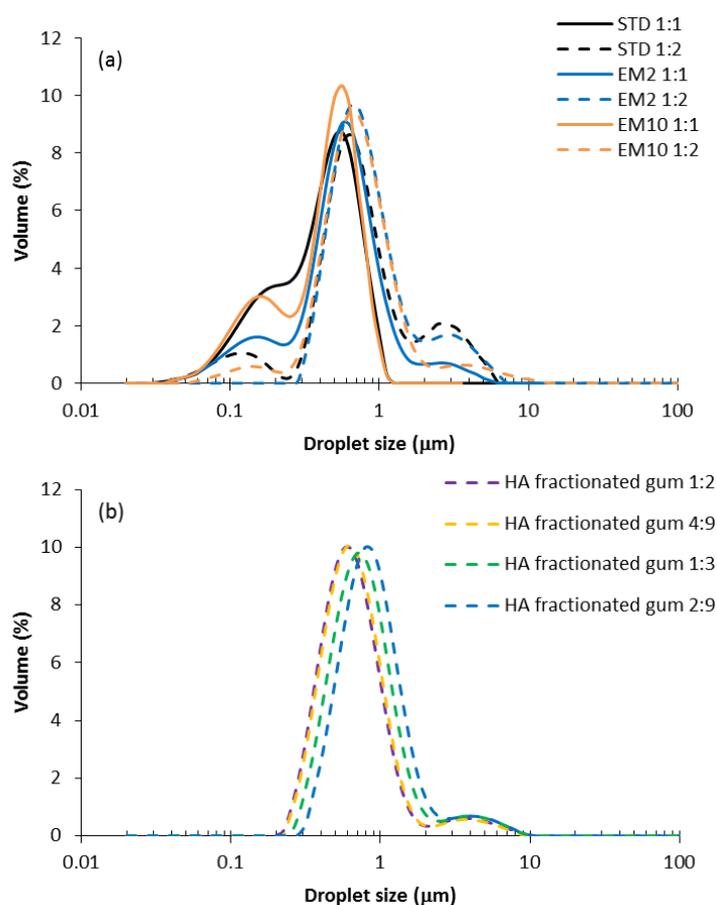


Figure 1. Droplet size distributions of emulsions produced using STD and mature gum arabic samples at various ratios of gum/oil (a) and (b) emulsions produced using HA fractionated gum arabic samples at various ratios of gum/oil.

The stability of emulsions was tested by thermal acceleration at 60°C for 3 and 7 days. Figure 2 shows variations in droplet size distribution of emulsions stabilized by STD and matured gum samples at 1:1 and 1:2 gum/oil ratios. The emulsion produced with matured gum at 1:1 gum/oil ratio was found to be the most stable (Figure 2a), while increasing gum/oil ratio to 1:2 resulted in an increase in large droplets after 7 days (Table 1 and Figure 2b). However, emulsions stabilized with STD gum arabic sample were less stable, especially when the oil concentration was higher. These results indicate that the matured gum having a higher proportion of AGP fraction provides better emulsification and stability compared to STD gum.

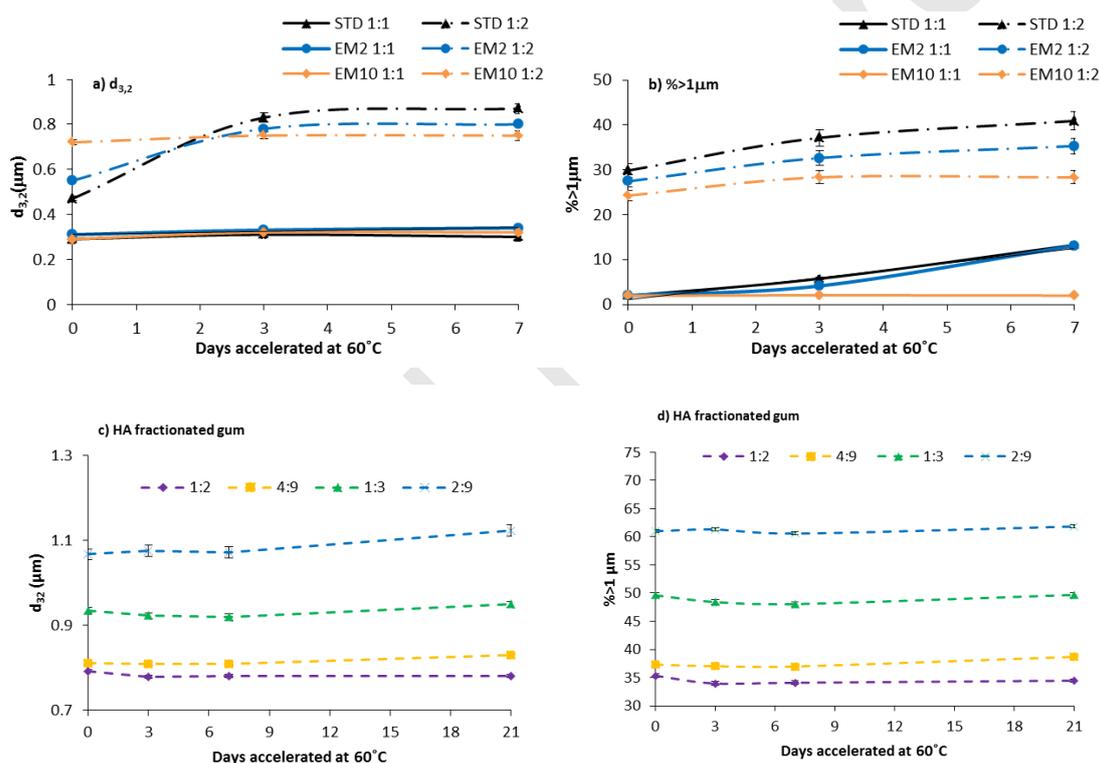


Figure 2. Variations in a) $d_{3,2}$ and b) %>1 μm of STD and matured gum; c) $d_{3,2}$ and d) %>1 μm of HA fractionated gum stabilized emulsions at various gum/oil ratios, after acceleration for 7 and 21 days at 60°C.

To further investigate the effect of AGP on formation and stabilization of droplets, a series of experiments were also conducted using an AGP rich phase, produced by HA

fractionation. Figure 1b shows droplet size distribution of emulsions produced with fractionated (AGP rich) gum arabic samples. The resulting emulsions, in comparison with STD and matured gum samples, did not have a peak of small droplets (in range 0.2 μm) but showed relatively higher proportion of larger droplets. Increasing gum/oil ratio to 2:9 resulted in the formation of larger droplets, and a shift to the right for the main peak while no small stable droplet was detected in the emulsion. The presence of small droplets in emulsions stabilized by matured and STD gums indicates formation of satellite droplets during emulsification time (Nazarzadeh *et al.*, 2010). This shows that the AG and GP fractions, having lower Mw, are responsible for stabilization of these small/satellite droplets. However, the AGP fraction, being a larger molecule, cannot stabilize the droplets of small size (Hirose *et al.*, 2006).

Figures 2c and 2d show the results from thermal acceleration of emulsions produced with fractionated AGP rich gum arabic samples at various gum/oil phase ratios. These emulsions were very stable and no changes in $d_{3,2}$ and %>1 μm were observed during 7 days acceleration at 60°C. It is worth noting that even after extending the acceleration test to very harsh 21 days, only a small change in droplet size was observed for the emulsions with high oil concentrations (*i.e.* gum/oil ratios of 1:3 and 2:9) while emulsions with lower oil concentration were stable during this time. The estimated surface coverage of emulsions is presented in Figure 3. The results show 100% and 55% surface coverage for emulsions stabilized with STD gum at 1:1 and 1:2 ratios, respectively. This clearly explains the lower stability of emulsion at 1:2 ratio, compared to the fully covered 1:1 ratio emulsion sample. The estimated surface coverage of matured and fractionated gum samples is relatively lower than those of STD gum and in range of 90% for 1:1 ratio and 70% and lower for other gum/oil ratios. Despite their lower estimated surface coverage, these samples show a very good stability compared to STD gum. This excellent stability of emulsions can be attributed to the higher content of AGP which confers a thicker interfacial layer and provides more effective steric stabilizing effect, due to the larger hydrodynamic size of the AGP fraction (Dickinson, 2003; Dickinson *et al.*, 1991). Meanwhile, as suggested by the previous research (Nakauma *et al.*, 2008), the GA emulsion stability will be affected by the pH values due to the zeta potential of GA. The zeta potential decreases rapidly at pH below 3.0, while in the higher pH regime (>3.0), it is much less pH-dependent. In addition, the surface packing area used for the estimation was

obtained for a gum having 13% AGP content. For gum arabic samples having higher AGP content and higher M_w , the surface packing area is expected to be larger. Also, the AGP fraction was a coiled structure. Once attached to the interface, it can start spreading over the interface and the protein content can penetrate the oil phase at multiple positions, providing a perfect anchoring to the interface that increases the energy required for de-sorption. These results show that an AGP rich solution can stabilize a high concentration of oil (up to 4 times higher than the gum concentration).

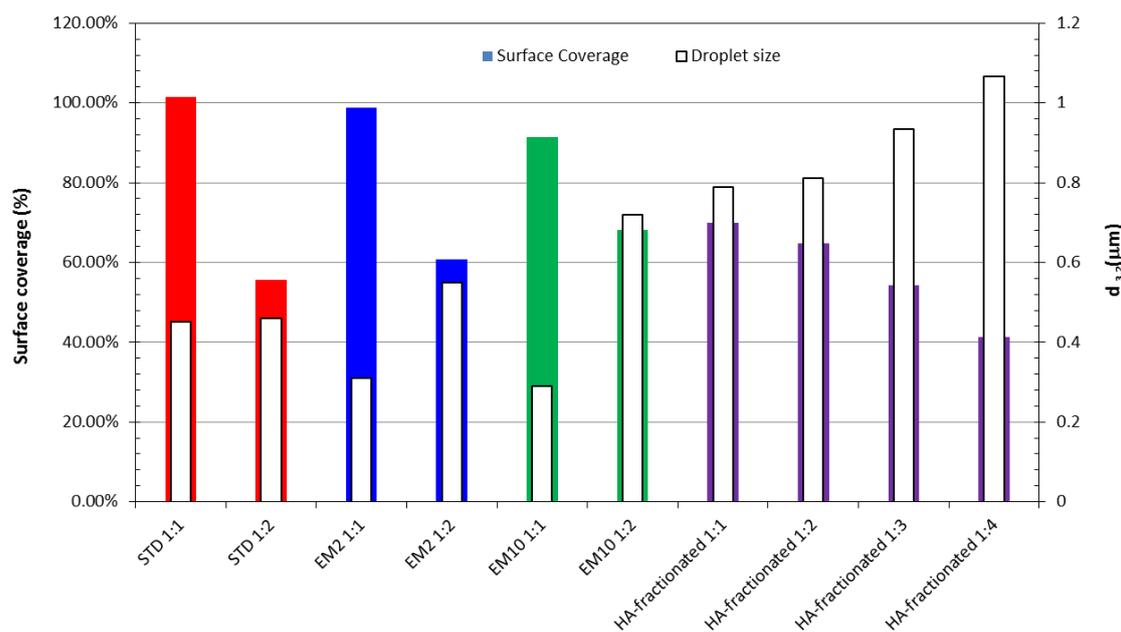


Figure 3. Estimated surface coverage of emulsions stabilized with different gum arabic samples and gum/oil ratios. HA is for gum samples fractionated with hyaluronan.

3.2 Effects of fractionation initiated by different hydrocolloids

In order to further explore the effect of AGP on formation and stabilization of emulsions, AGP rich fractions obtained through phase separation induced by carboxymethyl cellulose (CMC), and maltodextrin (MD) were also investigated. The obtained phases had 41% and 33% AGP fraction using CMC and MD as fractionators, respectively. Previous studies of our research group investigated the phase separation and phase separation-induced fractionation of GA/sugar beet pectin mixed solutions. Fractionation of GA increased the content of AGP from ca. 13% to 27%. The fractionated GA showed improved emulsifying functionality, whereas the fractionated

sugar beet pectin had a reduced emulsifying functionality (Mao *et al.*, 2013). The difference in the increase in AGP content after phase separation induced fractionation in different mixed systems is mainly due to complex factors such as biopolymer concentrations, molecular weight, charge, shape and conformation *etc.* In the current work, the emulsions produced from these AGP rich fraction samples showed a peak of small droplets at 0.1 μm (Figures 4c and 4d) and a smaller surface average droplet size ($d_{3,2}$) and $\%>1 \mu\text{m}$ (Figures 4a and 4b), compared to HA fractionated and matured gum arabic samples. Formation and stabilization of small droplets (the peak of small droplets) can be attributed to the presence of CMC and MD in AGP rich fractions. GPC elution profiles of fractionated gum, obtained from CMC and MD, indicate the presence of around 2% MD in the AGP rich phase (Hu *et al.*, 2018). Both CMC and MD are common stabilizers in food emulsions (Dokic-Baucal *et al.*, 2004). Increasing the gum/oil ratios to 1:5 and 1:7 for the CMC and MD fractionated gums, respectively, resulted in the formation of large droplets and significant increase in the fraction of droplets larger than 1 μm (Figures 4a and 4b). This indicates a higher coalescence rate during emulsification as discussed earlier for lower gum/oil ratios.

The resulting emulsions from CMC fractionated gum showed excellent stability against thermal acceleration, and no changes in $d_{3,2}$ and $\%>1 \mu\text{m}$ were observed (Figures 4a, 4b and 4d). However, by looking at the variations in droplet size distribution of MD fractionated gum arabic samples in Figure 4c, the peak of small droplet disappeared after 3 days, albeit it remained stable after 3 days acceleration. The better stability of CMC fractionated gum samples might be due to higher AGP content, which might also be the reason for slightly larger droplet size and higher $\%>1 \mu\text{m}$. MD and CMC may act as emulsifiers or as texture modifiers. GAs are surface-active ingredients that adsorb to the surface of emulsion droplets and prevent them from aggregating. MD and CMC increase the viscosity of the continuous phase of emulsions which slows down the gravitational separation of the droplets. Therefore, the main stabilizing action for these is believed to be through viscosity modification of the aqueous continuous phase surrounding the oil droplets (Dickinson, 2003).

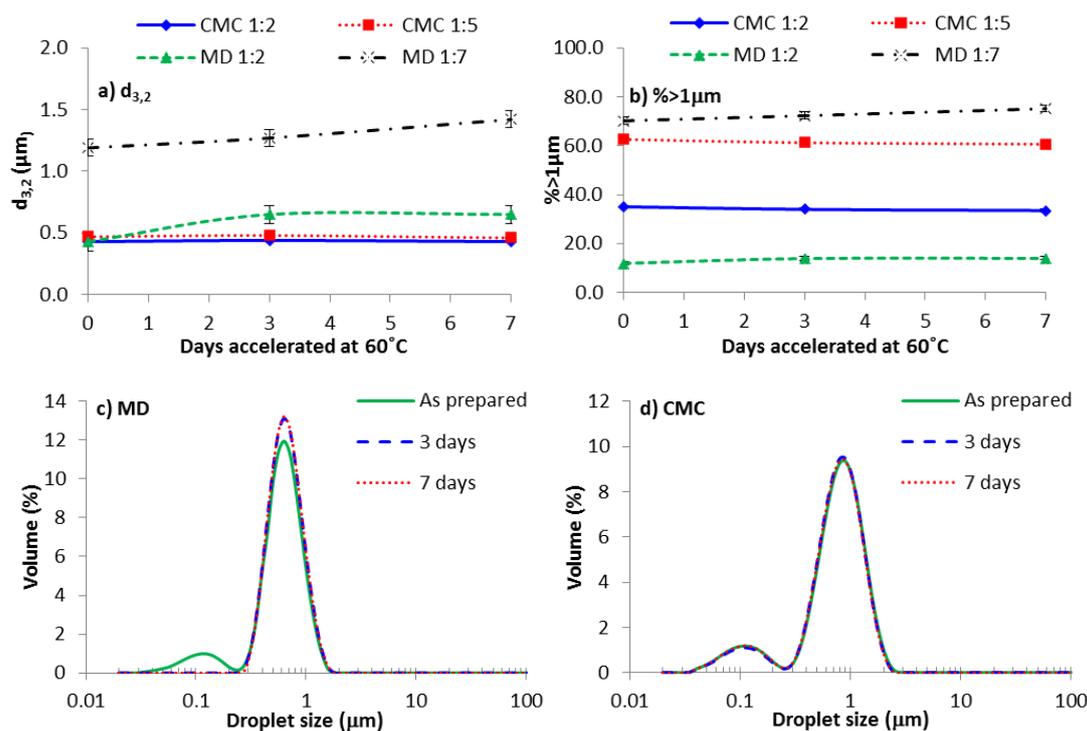


Figure 4. Temporal variation in a) $d_{3,2}$ and b) %>1 μm of emulsions produced using CMC and MD fractionated gums; temporal variations in droplet size distribution of emulsions stabilized with AGP rich phases fractionated with c) MD; and d) CMC after acceleration for 3 and 7 days at 60°C.

3.3 Effects of ethanol

Gum arabic is widely used as a stabilizer in beverage industry (Tipvarakarnkoon *et al.*, 2010), which includes alcoholic drinks. Therefore, the effect of ethanol on gum arabic stabilized emulsions is of significant importance. In order to compare the effect of AGP content on emulsification, two emulsions with matured and fractionated gum arabic samples were prepared in the presence in 10 w/v% ethanol of total emulsion.

Figure 5 shows temporal evolution of droplet size and droplet size distribution of the emulsions containing 10 w/v% ethanol. Cross comparison between graphs in Figures 5a and 5b with Figures 2c and 2d shows that the presence of alcohol resulted in the formation of significantly larger droplets for both gum arabic samples. The fraction of droplets larger than 1 μm in the presence of ethanol was twice of that in alcohol free emulsions under the same condition (Figure 2d and Figure 5b). Furthermore, variations in droplet size distribution for emulsions in the presence of ethanol indicated a less stable emulsion, in comparison to the alcohol free samples. The peak

of small droplets for matured gum stabilized emulsions disappeared after three days. Fractionated gum stabilised emulsion showed a better stability in the presence of ethanol; however, the presence of large droplets was detected after thermal acceleration for 7 days. These results are in line with the previous reports that show larger and less stable hydrocolloids stabilized emulsions in the presence of alcohol (Burgaud & Dickinson, 2010; Dickinson & Woskett, 1988).

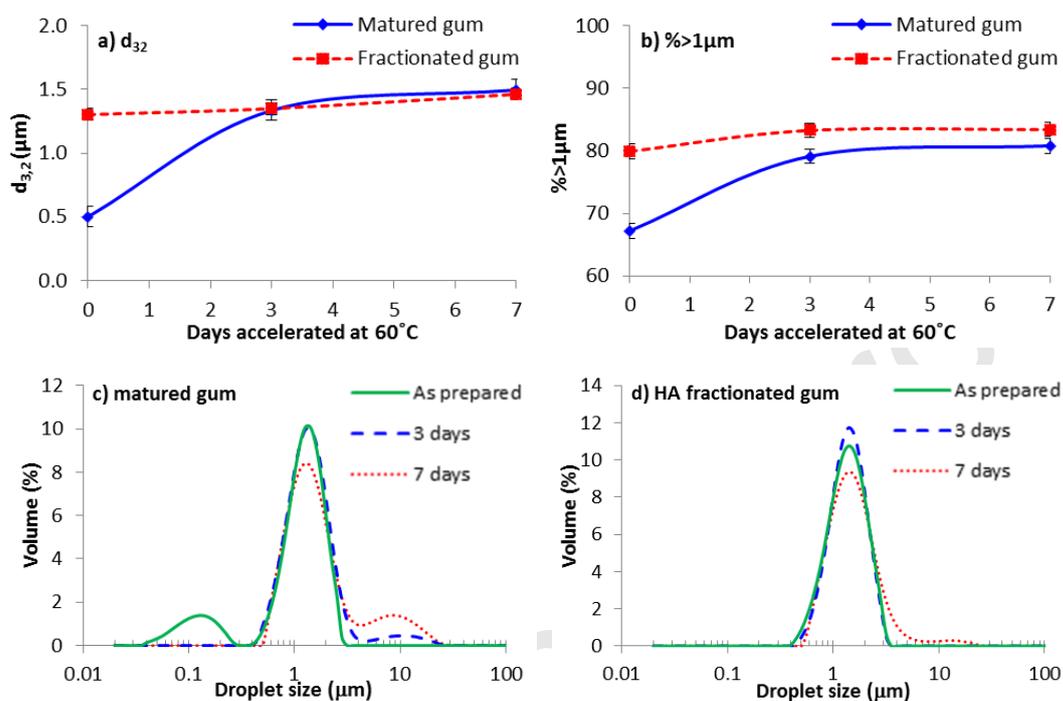


Figure 5. Variations in a) $d_{3,2}$, b) %>1 µm of emulsions and droplet size distributions of emulsions produced by c) EM10 and d) fractionated EM10 samples at gum/oil phase ratio of 1:2, containing 10 w/v% ethanol, after thermal acceleration for 3 and 7 days at 60°C.

Surface coverage estimations for the emulsion in the presence of alcohol were not calculated as it was believed that the presence of alcohol would affect surface activity and surface adsorption of gum arabic significantly. Besides, the available surface packing and adsorption constants are not valid for this system. The presence of alcohol can affect the system in two ways. Ethanol increases the solubility of oil in the aqueous phase and also decreases the oil/water interfacial tension. This favors droplet rupture, producing small droplets (Wójcik *et al.*, 1989). However, low interfacial tension can also promote droplet coalescence, increasing the droplet size in the absence of a good stabilizer. In addition to lowering the interfacial tension, the presence of ethanol in the aqueous phase influences the protein molecular structure

and the state of protein aggregation, both in the bulk solution and at the fluid interface (Ahmed, *et al.*, 1990). Ethanol modifies protein structure and interaction properties through specific binding=accompanied by dehydration (Bull & Breese, 2010), and protein denaturation increases with increasing ethanol concentration (Brody & Leautey, 2010). The emulsifying and stabilization properties of gum arabic are correlated to its protein content and therefore the presence of ethanol can inhibit adsorption of gum arabic as suggested in the previous studies (Isabelle & Eric, 1990).

4. Conclusions

An increase in the AGP fraction of gum arabic from 11 to 28% showed emulsions with relatively smaller droplet sizes and better stability. Further increase in the AGP content to 41% resulted in the formation of stable emulsions with larger droplets of $>1 \mu\text{m}$, reflecting the effect of higher AGP fractions. The presence of ethanol affected the surface adsorption of gum arabic at the interface.

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